



Scouts in Switzerland

Newsletter Date
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Wrexham District Scout section planned another expedition to Adelbodden for a week in August 2014 consisting of Alpine walking and adventure. A fully inclusive trip, where all activities were included, travel by coach, staying in a Swiss chalet in the fantastic Alpine village of Adelbodden. With the adventure being open to all young people of Scout age on the 1st August 2014 and any adults involved with Scouts in Wrexham District, this was their trip...



Wrexham Scouts depart for Switzerland



Friday & Saturday 1st & 2nd August, it begins as we left Wrexham from Bishops Own HQ on Sontley Road, with all the parents waving good bye to their scouts for ten days

journey we would stop at several service stations, through these various countries, for pit stops and meal breaks.

moving in and letting our bags explode all over the rooms, we went for a stroll and a swim in the rain, it fortunately stopped once the lightning started. After changing we made our way back to the chalet through the town, ready for tea, made by our very own chef Steve and our first night stretched out in a bed.



Finally we arrived in Adelbodden where we were met by our two Jeka reps Jayne & Ben, they were to be our shoppers and support for the stay, starting off by taking us to our home for the adventure, a large well equipped Chalet. After



starting with a 25 hr coach trip, going through Wales, England, ferry trip to France then on through Belgium, Germany and, back into France and finally to Adelbodden Switzerland. On our

Day 3 in Adelbodden



Sunday 3rd Aug, Hiking up Sillernbuhl & Hahnenmoos - with a slightly damp start to the day, we would hike off through the town down to Oy.

SillernBuhl, then walk for a while to Geils,



operational ski lift, we would then walk back down to Sillernbuhl, catching the cable car down to Adelbodden and the coach back to our chalet



where we would catch the Cable car up to

to catch another cable car which would take us up to Hahnenmoos. From here we would walk up in to the clouds where it would rain quite heavily, stopping for a while in a non-



Day 4 in Adelboden

Monday 4th Aug - Engstligenalp - Started off as a bright sunny day this was to be our visit to a hanging valley surrounded by a large boulder field and magnificent waterfall spilling down in to the valley below.

of the wildlife,



some of the scouts then decided to take the path down beside the waterfall, back down to the cable car station where we stopped for ice creams all round.



Today was also our turn

for the pool party, unlike the previous days ours was not cancelled due to the weather, as part of the evening was our first taste of Segways,



before our pool party with burger and chips for all.



Getting there would be via a cable car from Unter Den Birg, after walking round the valley and making friends with some

Day 5 in Adelboden

Tuesday 5th Aug - Mannlichen - a trip to the base of the Eiger (for those that remember Clint Eastwood in the Eiger Sanction), the trip started in Grindlewald-Holstien with a cable car trip of over 30 mins, four to a car



then back down to Hostenien for a spot of lunch, a group slide and we were off for a hike down to Kleine Scheidigg, where we would stop for refreshments and leave our mark for the next trip



out of the cable car station and a stroll up to the Mannlichen peak 2340m, where we took some group pictures,



from here we would catch a bendy train

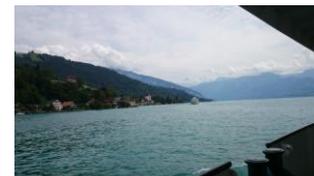


back down into the valley to Grindlewald for a spot of shopping.



Day 6 in Adelboden

Wednesday 6th Aug - Thun - Today was our day for R&R and a bit of shopping which would include



a ferry boat trip to Spiez

for some time in the open air pool and a swim in the lake. Up at the warm outdoor pool we would be sliding down the slides diving off the boards and

swimming in the rather warmer than the lake Olympic size pool.



Day 7 in Adelbodden

Thursday 7th Aug - Kanderstag - Today we would be visiting the WOSM (World Organisation of the Scout Movement) Chalet in Kanderstag, where we split in to two groups for a tour of the new & old Chalet. Also to see where Scouts and Guides camp when they visit along with a visit to the shop, for some really interesting souvenir woggles shaped like patrol names.



While we were there we checked out all the different Necker's hanging around everywhere and found an old Wrexham District one, also a rather brave group of Seven

would travel from this valley back to our own by going over the top, to finally meet back later at our chalet



Oeschinensee & Oeschinen - Up a cable car to where we would later toboggan, but first to visit an alpine lake for a dip, with the snow line above us as part of the **Swiss Mini Adventure Challenge:**

1. Visit and take a dip in an Alpine Lake
2. Name two Swiss summits you have reached
3. Name and describe two wild animals that can be found around Adelbodden

4. Name two Swiss foods you have tried.
5. Find out why Switzerland's country code is CH.

Completing the challenge the Scouts and Leaders are all awarded the Kanderstag Mini Challenge badge which can be worn on their uniform.



Later we would all ride on the toboggan, and one of our scouts was nearly charged for carrying two on his toboggan (Hissing Sid)



Day 8 in Adelbodden

Friday 8th Aug - we were again to split into two groups those for Hot chocolate and cake a top Neisen - a high pyramid style mountain,



with a narrow gauge train in two stages to the top



while the majority of scouts went off to do the heart pounding High Wire

course.



So those of us with a less adventurous nature when for a train trip up a 2339m mountain for a hot drink and piece of cake.



After which we would all meet up for more time on the Segways and a spot of swimming and shopping. finishing of this evening

with "Adelbodden's got talent",



where seven rather brave than most Scouts performed in six acts, these would include magic, piano solo, good and bad comedy also some Dinosaur toes



Even skip got in on the act with some really awful jokes, elephants indeed!

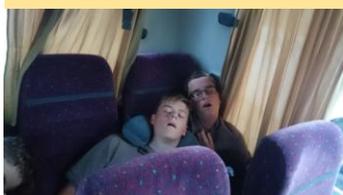


Day 9 & 10 Leaving Adelboden for Wrexham

Saturday & Sunday 9th & 10th Aug - sadly our time to pack up and leave, this was the time when we would introduce the scouts to the art of room cleaning, the mystical art of using a Hoover, and cloths to clean sinks, showers and toilets to a high standard

This meant that we would have some time in Adelboden for some last minute shopping. Before leaving for home we gathered for a final picture in Adelboden town.

lessons to good use by ordering "Le Big Mac",



We were really surprised that the scouts had finished all of the cleaning well before our coach arrived.



Our journey homeward bound would take us back through France, to Calias to catch the ferry. Before that though, a stop in a



McDonalds in France was in order, and this is where I believe some of the Scouts put their French



Onward to the ferry, shooting up to M6 Toll Services for a spot of breakfast

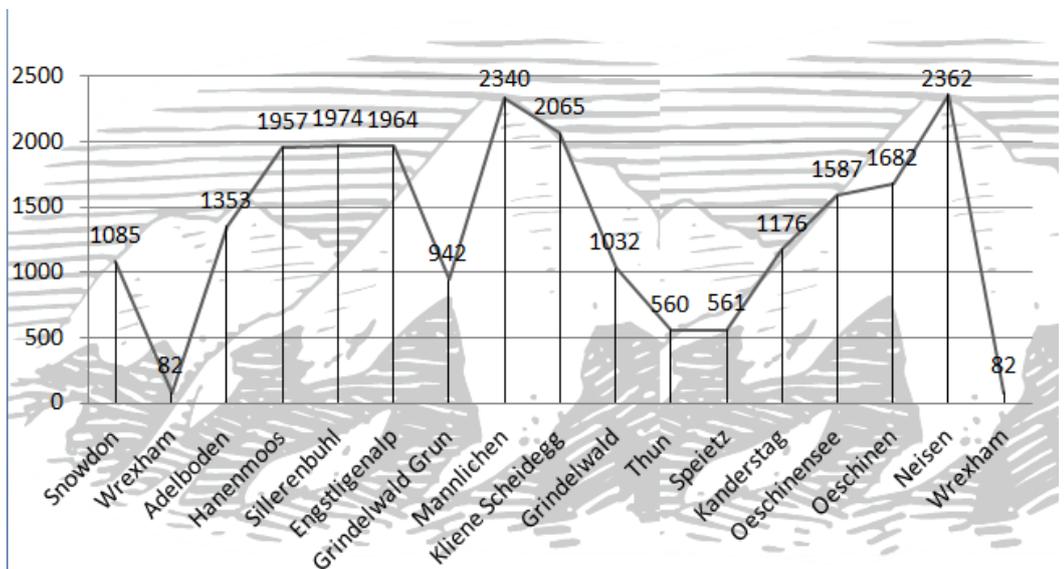


before finally heading home to be reunited with our family and friends.

Watch this space ready to return for more adventures in two years time.

Skip

Our Week - A Comparison of Heights for the Wrexham District Scouts Trip to Adelboden 2014 in Meters



Well just to give you a comparison, the following is a guide to some heights that you were either staying at or did activities at, the Wrexham height is for the centre of Wrexham, also the height of Snowdon has been added for comparison....